



## Studio Etiquette

*Before planning your workouts,  
check our schedule at  
<http://positivelyfit.ca/schedule/>  
Studio closed during scheduled classes.*

*Remove outdoor shoes & sign in with full name.*

*The Studio is a scent free zone.*

*Clean, indoor-only shoes are mandatory. You may choose to leave  
your shoes in the bathroom closet, laces tied and  
name-tagged with tags provided. Untagged shoes will be removed.*

*Please wipe down equipment and mats after use.*

*Be respectful of others when choosing music, TV and volume levels.*

*If someone is waiting, please limit your use of cardio equipment to 20  
minutes.*

*Before you leave, lights off, windows closed, stereo off.*

*Thank You!*